



Essential Resources for Parents Navigating a Child with Autism

Websites for Information:

- **Autism Speaks:** Comprehensive resources on autism diagnosis, therapies, and support networks. (www.autismspeaks.org)
- **The Autism Society:** Offers guidance, local resources, and advocacy support. (www.autism-society.org)
- **Autism Parenting Magazine:** Articles and resources for parents. (www.autismparentingmagazine.com)

Parent Training Resources:


- **Autism Navigator:** A suite of resources for parents to learn more about autism and effective strategies. (www.autismnavigator.com)
- **The Hanen Centre:** Offers communication-focused training for parents. (www.hanen.org)

Helpful Organizations:

- **National Autism Association (NAA):** Support for families, including safety tips and crisis resources. (www.nationalautismassociation.org)
- **Autistic Self Advocacy Network (ASAN):** Resources led by and for autistic individuals, focusing on advocacy and inclusion. (www.autisticadvocacy.org)

Online Support Communities:

- **Facebook Groups:**
 - Autism Parents Support Group
 - Parents of Children with Autism – Support & Resources Autism
 - Family Network
- **Reddit Communities:**
 - [r/Autism_Parenting](https://www.reddit.com/r/Autism_Parenting)
 - [r/Autism](https://www.reddit.com/r/Autism)

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